



## List of Adjectives to Describe a Person

ADJECTIVES TO DESCRIBE PERSONALITY TRAITS						
adventurous	empathetic	introverted	precise	steadfast		
analytical	extroverted	laid-back	quiet	supportive		
cheerful	focused	mischievous	reflective	talkative		
collaborative	gregarious	open	reserved	thoughful		
cynical	hopeful	practical	shy	witty		

POSITIVE PERSONALITY ADJECTIVES						
adaptable	considerate	encouraging	happy	responsible		
active	convivial	empathetic	helpful	self-motivated		
affable	curious	enthusiastic	mature	sensible		
agreeable	diplomatic	excellent	motivated	sincere		
assertive	eager	friendly	optimistic	trustworthy		

NEGATIVE PERSONALITY ADJECTIVES							
aggressive	childish	inconsistent	pessimistic	superficial			
argumentative	disruptive	jealous	problematic	thoughtless			
arrogant	hostile	lazy	resentful	unmotivated			
bossy	immature	moody	sarcastic	unreliable			
callous	inconsiderate	patronizing	selfish	weak			